



Abigail Adams: words of change

Grade Level K-5

Subjects: History, gender roles, women in colonial America, communication, primary sources

NH Curriculum Standards:

Soc. Studies: SS:CV:4: Rights and Responsibilities; SS:HI:4:1.1: Explore biographies of key political figures; SS:HI:3: World Views and Value systems and their Intellectual and Artistic Expressions; SS:HI:5: Social/Cultural

Language Arts: Reading for literature k-5 1,3,4; Reading for information k-5 1,3,4; Writing k-5 1, 2, 3, 5, 6, & 7.

This lesson was designed to supplement reading *Leave it to Abigail* by Barb Rosenstock

Questions to consider:

- Did women in the 18th century often speak their mind about politics?
 - Why or why not?
- How do we know about people from the past?
 - What are primary sources?
- Are words important?
- Do written words have the power to make change?
- Why are Abigail's letters so important?
 - Why is Abigail's story important?

Activities:

- Make a sampler, make images or words that symbolize or highlight something important to you
- Write a letter with a quill pen.
- Advocate in writing for what you believe in as Abigail did. Write a letter to your elected officials regarding a topic or project of personal interest (ex. building a community garden, bike safety laws, hunger, etc.). [Click here for resources on how to get in touch with your elected officials.](#)

Additional Resources:

[Biography: Abigail Adams for Kids](#)

[LESSON PLAN #1: Introduction to Abigail Adams](#)

[Teach Women in 18th Century :](#)

[Famous Women in the American Revolution - American Revolution for Kids](#)

[PBS lessons, resources, activities about Abigail Adams](#)

[Truth to Power: Writing Letters for Change](#)

[How to Write a Letter to a Politician](#)

[DoSomething.org: Let's Do This!](#)

[Rights in the Early Republic — History of US Woman's Suffrage](#)



Women's Rights Activity from 1776-1848